



Welcome to the SWALLOW Community Café @ The Hive

The café is run by SWALLOW,
a charity supporting
teenagers and adults with
learning disabilities.

The aim of this café is to support local people
with learning disabilities, to allow them to
gain useful work, life skills and experience
whilst participating in meaningful work
that benefits the local community.

We wish to offer a friendly, warm welcome to all our customers and provide
a healthy selection of locally produced food at reasonable prices. We use Fairtrade,
local, and ethically produced ingredients wherever possible. Some herbs and
salad crops come from our own community gardens. Our food is made to order
if you have special dietary requirements please talk to us.
Gluten free cakes are usually available.

We welcome pre-ordered group bookings and can cater for any occasions, such
as meetings and birthday parties. Just come and talk to us about your requirements.

If you have enjoyed your visit to our café, please come again and tell your
friends about us. We welcome your feedback and suggestions.



Opening Hours:

Tuesday 8.45am - 3.30pm
Wednesday 8.45am - 3.30pm
Thursday 8.45am - 3.30pm



The SWALLOW Community Café @ The Hive

Food Menu

We serve food and drink from
8.45am - 3.30pm Tuesday,
Wednesday, and Thursday.

We are happy to provide special menus for
group bookings at very reasonable prices.

Please discuss your requirements with our team
Café Mobile: 07834 598288
Or via the Swallow office on 01761 414034

www.swallowcharity.org

The Old Engine House . Old Pit Road . Westfield . BA3 4BQ
01761 414 034

Registered charity number 1045893

Daily Specials Available
- please see board

Light Breakfast Snacks

BLT	£3.00
Egg on Toast	£3.00
Extra's 50p Beans, mushroom, tomatoes.	
Tea Cakes with butter and jam	£1.50

Community Café Favourites

Homemade soup of the day £3.50
Served with crusty white or wholemeal bread
We often have Café made speciality bread,
please see specials board for details

Traditional Somerset Ploughman's Lunch (Veggie option available) £5.00
Mature cheddar cheese, lean ham with white or wholemeal bread, side salad and pickle/chutney

Dish of the day £6.00
Please see specials board for details

During the summer months we offer a delicious range of freshly made salads to eat in or takeaway

Hot Panini / Sandwiches

We use mature cheddar cheese in our paninis and sandwiches. These are served with side salad and coleslaw.

Paninis	£5.00
Chicken, mozzarella and pesto	
Cheese and Tomato	
Tuna melt (tuna, cheese, red onion and jalapenos)	
Ham and Cheese / Ham and Tomato	
Brie and Bacon / Brie, basil and tomato	

Sandwiches	£4.00
Ham and Tomato	
Club Sandwich (chicken, bacon, mayo, lettuce and tomato)	
Tuna Mayo	
Cheese and Coleslaw	
Ham and Coleslaw	
Egg Mayo and Cress	
Fish Finger	
Ploughman's	
Hummus and roasted vegetables	

Extra fillings of your choice **50p each**

Sandwiches can be made with white or wholemeal bread, and with low fat spread if required.

Gluten free bread is available for toasties and sandwiches

Jacket Potatoes

All served with a side salad and butter

Butter	£4.50
Cheese	£5.00
Baked beans	£5.00
Tuna mayonnaise	£5.00

Extra fillings can be provided for 50p extra.
Butter is provided separately.

Pizza

9 Inch thin and crispy pizza £5.00
with two toppings
Extra toppings can be added for 50p per item

Desserts

A selection of fresh fruit from 30p
See specials board for seasonal desserts

Children's Menu

Kids Pizza	£2.50
Lunch box	£2.50
Mini sandwiches, crisps with fruit juice or squash and cake	
Snacky Plate 6 items	£2.50
Little person's sized portion of any menu item also available	

Meeting Room Lunches

£5.00 per person
Round sandwiches (various fillings), fruit platter, selection of cakes and a bowl of crisps

Where our food comes from

We source our food from a variety of local suppliers including Arthur Davies, Crop Drop and Fairtrade. We receive some excellent food donations from Tesco and donated Houmous from Precious Pea. All of our food is prepared to order by a team of members from SWALLOW, a local charity supporting teenagers and adults with learning disabilities. The experience they gain at the SWALLOW community café is very important.

Drinks and Cakes



Coffee

Freshly ground all priced at £1.80

Latte • Cappuccino • Mocha • White • Black

De-caffeinated also available

See our specials board for speciality coffees on offer

Quality Fairtrade Teas

£1.50 per pot

Everyday Brew

Earl Grey

Fruit Teas – please ask for selection

Green Tea

De-caffeinated

Hot Chocolate £1.80 / **Special Hot Chocolate** £2.00

Milk 50p

Chilled Drinks

Small Fruit juices 50p

Cans £1.00

Bottled water – still or sparkling £1.00

Bottled drinks £2.00

Mouthwatering Ice Cream Milk Shakes

All flavours £2.00

Strawberry • Chocolate • Banana • Raspberry

Freshly Made Smoothies

Daily Special £2.00

Cakes and Snacks

We serve a varied selection of fresh cakes and snacks.

We also have a lower sugar cake for you to try! These are individually priced.

If you have any allergies or intolerances to any food or drink item please inform our staff and we can let you know of our recipe ingredients.

We do have nuts in our kitchen.